

# DENVER DIABETES COUNSELING

Jenna Eisenberg, LMFT  
5650 Greenwood Plaza Blvd, Ste 225K  
Greenwood Village, CO 80111  
720-420-6541  
www.denverdiabetescounseling.com

---

## ***Therapist-Patient Insurance Reimbursement Authorization and Acknowledgment of Receipt of Notice of Privacy Practices***

Clients utilizing health insurance benefits for counseling services should be aware that the consumer's contract with their health insurance company requires contracted healthcare providers to disclose information relevant to the services provided. This routinely includes such information as a clinical diagnosis, treatment plans, or complete copies of the consumer's clinical record. In such situations, Jenna Eisenberg, MS, LMFT (hereby referred to as "the counselor" will make every effort to release only the minimum information about a client's care that is necessary for the purpose requested. All clinical information provided to an insurance company becomes part of a consumer's insurance file and will likely be stored electronically on a computer server. Though all insurance companies are required to keep such information secure and confidential, the counselor has no control over how a consumer's information is managed once the insurance company possesses this information. In some cases, insurance companies may share information with a National Medical Information Databank, or MIB. Should a client's clinical information become a part of the MIB, any further distribution or actions based on such information is no longer under the counselor's control.

It is important to note that clients have the right to pay for counseling services on their own to avoid the problems described above, unless prohibited by their contract with their insurance carrier. In choosing to use mental health benefits, the client contacts the insurance company to determine what required information is necessary from the counselor to in order for the client to submit a claim for reimbursement. Including, but not limited to, any pre-verifications or pre-authorizations requested by the insurance company. Clients should be aware that pre-verification and pre-authorization does not constitute a guarantee of benefits and that final determination of eligibility – and actual amount paid – is not made until the insurance company processes a submitted claim.

The counselor will complete the necessary forms and provide clients with the required information to help them receive the benefits for which they are eligible; however, the consumer (not the insurance company) is responsible for full payment of fees based on the hourly rate set by the counselor.

By signing this authorization, the client agrees that

1. The counselor, Jenna Eisenberg, MS, LMFT, may provide requested information to the client's insurance carrier.
2. The client has also received a copy of the Notice of Privacy Practices as well as other client rights regarding their personal health information.

---

Signature of Client

---

Date